



EDUCATIONAL WORKSHOPS CATALOG

Millière Valley Association



Summary

SITE VISIT page 2

PRACTICAL WORKSHOPS IN THE GARDEN page 3

UNDERSTANDING ECOSYSTEMS AND THE IMPORTANCE OF BIODIVERSITY

- *Bees and pollinators* page 4
- *Reconnecting with our 5 senses* page 5
- *The Valley ecosystems* page 6
- *Each one has a role* page 7

UNDERSTANDING THE IMPORTANCE OF MAINTAINING LIVING SOILS

- *The Earth seen from the ground* page 8

UNDERSTANDING THE IMPORTANCE OF SUSTAINABLE FOOD

- *From the garden to the plate* page 9

BEYOND THE MILLIÈRE VALLEY

- *The climate fresco* page 10
- *Deep time walk* page 11



SITE VISIT

From June 15th 2024

The Vallée de la Millière is a magical site located just a few kilometers from Paris and on the edge of the Rambouillet forest.

On the 30 hectares purchased by the Arthus-Bertrand family in 2020, you are invited to discover an experimental rewilding project with the creation of an integral biodiversity reserve and the establishment of an educational garden in sustainable agriculture..

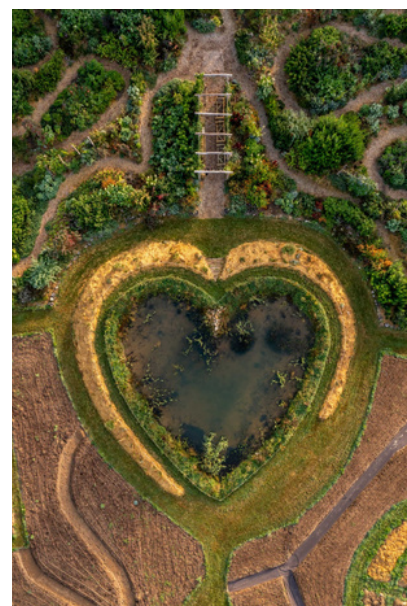
Our team will be delighted to help you discover this place and the work accomplished every day by the Association with the aim of raising awareness about the protection of the nature that surrounds us.

Capacity : 29 people

Duration: 1h30

Availability :
all year, preferably in the
morning

Visit available in french,
english to come



Raising animal and plant biodiversity awareness.
Discovery of the species, habitats and ecosystems of the reserve.
Observation.

Raising biodiversity of our gardens awareness.
Seasonality awareness.
Discovery of agriculture that respects the living and the importance of soil preservation.

All year round:

closed shoes, comfortable and not very fragile clothes.

During rainy months: shoes and rain outfit.

Outdoor workshop which may be canceled depending on weather conditions.



PRACTICAL WORKSHOPS IN THE GARDEN

From June 15th 2024

Designed by Tom Arthus-Bertrand, the “Jardin des Partages” is a unique place to raise awareness and educate on the urgency of safeguarding the biodiversity that surrounds us. In this educational, aesthetic and productive place, you will be able to support our teams in their daily tasks through practical workshops that evolve according to the rhythm of the seasons.

Capacity : 29 people

Duration : between 1h and 1h30

Availability:
from feb to nov

Workshop in french,
english to come

Jardin des Partages practical workshops planning											
	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov
Seedling				●	●	●		●			
Repotting					●	●					
Planting					●	●	●		●		
Mulching		●	●	●	●			●	●	●	●
Weeding		●	●	●	●	●	●	●	●	●	●
Harvest				●	●	●	●	●	●	●	



Goals:

(Re)learn how to take care of a vegetable garden.
Inspire and invite people to use their hands and garden.
Spend some time sharing as a team.

All year round:

closed shoes, comfortable and not very fragile clothes.

During rainy months: shoes and rain outfit.

Outdoor workshop which may be canceled depending on weather conditions.



BEES AND POLLINATORS

From June 15th 2024

(additional quote, external service provider)

What is pollination? What is a pollinating insect? Romain, our beekeeper, will help you discover the capital importance of pollinators for plant reproduction and for a large part of our food.

He will passionately introduce you to bees, their different jobs, their way of communicating, their incredible organization and a whole bunch of fascinating anecdotes about them.

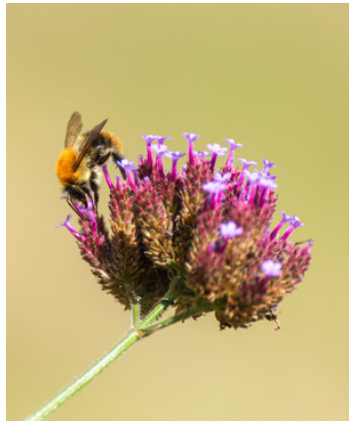
You can even discover the inside of a beehive!

Capacity: 15 people

With beehive visit:
(from March to September):
Duration: 2 hours

Without beehive visit:
Duration: 1h30

Workshop in french or
english



Goals:

Understand the importance of pollination.
Know the main pollinating insects.
Understand and discover the organization of a beehive.

All year round:

closed shoes, comfortable and not very fragile outfit..
Beekeeper outfits are loaned on site.

Apiary visit may be canceled in case of bad weather
(rain or temperature too low)



RECONNECTING WITH OUR 5 SENSES

From September 1st 2024

A fun workshop that will appeal to your 5 senses to learn more about the fauna, flora, pollinators and food of the Millière Valley.

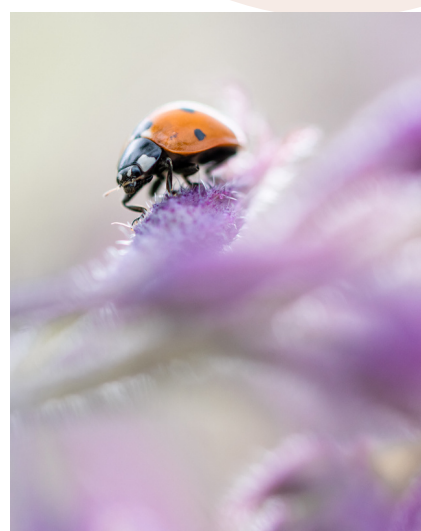
At the end of this educational workshop, the smell of the flowers from the Jardin des Partages, the taste of the honey from our bees, the texture of the bark of our oaks, the sound of the surrounding deers and the colors of our seasonal fruits will no longer have any secrets for you!

Capacity : 29 people

Duration: 1h30

Availability :
all year, inside workshop

Workshop in french



Goals:

Use your 5 senses to:

Discover the exciting world of the Millière Valley

Become aware of the living world around us and reconnect with it



THE VALLEY ECOSYSTEMS

From September 1st 2024

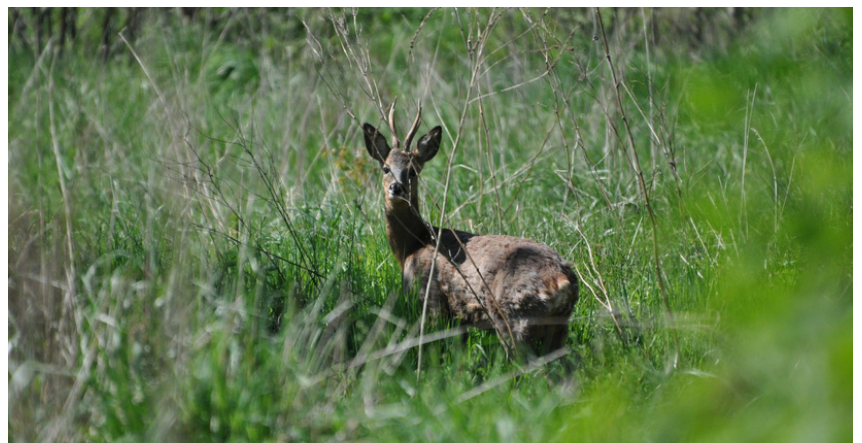
This evolving educational workshop is one of the Association's emblematic workshops. Designed to be interactive and participatory, you will intervene during 3h15 to construct the complex, fragile and biodiversity-rich ecosystem of the Millière Valley using a giant magnetic puzzle.

Capacity: 29 people

Duration :
3h15

Availability :
all year round, indoor workshop

Workshop in French



Goals:

Understand what an ecosystem is.
Discover the ecosystems of La Millière and their interactions.
Discover the threats existing on ecosystems.
Think and discuss solutions collectively.



EACH ONE HAS A ROLE

From april 1st 2025

In the valley ecosystem, what is the role of mammals? How important are birds? What is a frog for? Are trees essential?

Along a journey of 10 stages organized in the heart of the Jardin des Partages, discover the importance of the different players in life on Earth. A fun workshop to be carried out in teams to end with a moment of exchanges and debates on the role of Man.

Capacity: 29 people

Duration :
2h30

Availability :
all year round

Workshop in French



Goals:

- Understand the importance of biodiversity.
- Understand the roles of the different actors in an ecosystem.
- Discuss the role of Man.
- Moment of team sharing.

All year round:

closed shoes, comfortable and not very fragile clothes.

During rainy months: shoes and rain outfit.

In case of unfavorable weather, the workshop will take place inside.



THE EARTH SEEN FROM THE GROUND

From September 1st 2024

Certainly one of the flagship workshops offered by the Association de la Vallée de la Millière, imagined and developed by our teams and Pacific Planet. "The Earth seen from the ground" will immerse you during 3 hours in the heart of the life that lies under our feet, often unknown, invisible and yet essential to life on Earth. A workshop to understand what our soil is made of, how it works and why it is essential to protect it to ensure our future.

Capacity : 15 people

Duration:
3h00

Availability :

all year round. Indoor or outdoor workshop depending on weather conditions

Workshop in French



Goals:

- Understand how soil is composed.
- Understand the importance of maintaining living soil.
- Discover the threats weighing on soil life.
- Understand existing solutions to maintain soil health.



FROM THE GARDEN TO THE PLATE

From september 1st 2024

Lucie will introduce you to fun recipes all year round, full of colors, textures and flavors. Learn to cook the Association's seasonal fruits and vegetables, produced just a few meters from the kitchen in the heart of our educational garden. Full of vitality, without pesticides and harvested at maturity, they are a source of inspiration for our chef.

When you will leave our Valley, you will no longer have the same vision of plants.

That's it, ready to go green?

Capacity : 8 people

Duration :
between 2h45 et 3h30

Availability:
all year, except on mondays

Workshop in french



Goals:

Discover seasonal plant-based cuisine.

Raise awareness on compost, bio-waste and food waste.

Rediscover homemade.

Develop creativity.

Shoes protections, aprons and charlottes will be loaned. Hair to be tied.

An individualized form will be requested from each participant concerning allergies and intolerances.



THE CLIMATE FRESCO

From June 15th 2024

Since its creation in 2018 by Cédric Ringenbach, La Fresque du Climat allows individuals and organizations to take on the challenge of the climate emergency.

It is a tool that is both fun, scientific, accessible and impactful. During this collective intelligence workshop, participants will understand the causes and effects of climate change, and then explore the actions to take in a personal and professional context.

Capacity : 14 people
(28 by calling on an external provider with an additional quote)

Duration :
3h00

Availability:
toute l'année

Workshop in french



Goals:

Understand the cause and effect links of climate change.

Identify solutions to limit our climate impact.

Think as a team.

3€/participant will be requested for this workshop and donated to Climate fresco association according to their general conditions of use.



DEEP TIME WALK

From September 1st 2024

4,6 km walk to tell the 4,6 billion years of earth history

Are you curious to know why the Earth's axis is tilted? How did life develop on the continents? Do you think that knowing where we come from is useful for knowing where we are going?

The Millière deep time walk will help you reconnect with our origins during a 4,6 km easy walk in the heart of the Rambouillet forest. You will discover the 4.6 billion years of Earth's history and relive, step by step, each significant event in the emergence and evolution of life on Earth. A sensory, informative and poetic experience to reconnect you with the long term, with our ancestors and with all living things on Earth.

The Deep Time Walk is an educational experience created in 2007 by Stephan Harding and Sergio Maraschin at Schumacher College (UK)

Capacity : 29 people

Duration :
between 2h30 and 3h00

Availability :
all year round, depending on
weather conditions

Workshop in French



Goals:

Sign out.

Take time.

Understand where we come from and where we are going.

Discover the forest during a group walk.

Outfit:

Shoes not fragile, suitable for walking, and worn according to season.

The route may include muddy sections.

10€/participant will be requested for this workshop and donated to the Deep time walk according to their general conditions of use.

